

Epidurals, Facet blocks



When and why,
after injury

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After injury, does anatomy change?

- Initial evaluation/imaging:

TANNOURY?!?

- More likely, old anatomy, new problem
 - Muscle: spasm/myofascial pain
 - Bone: DJD/arthritis
 - Nerve: radicular

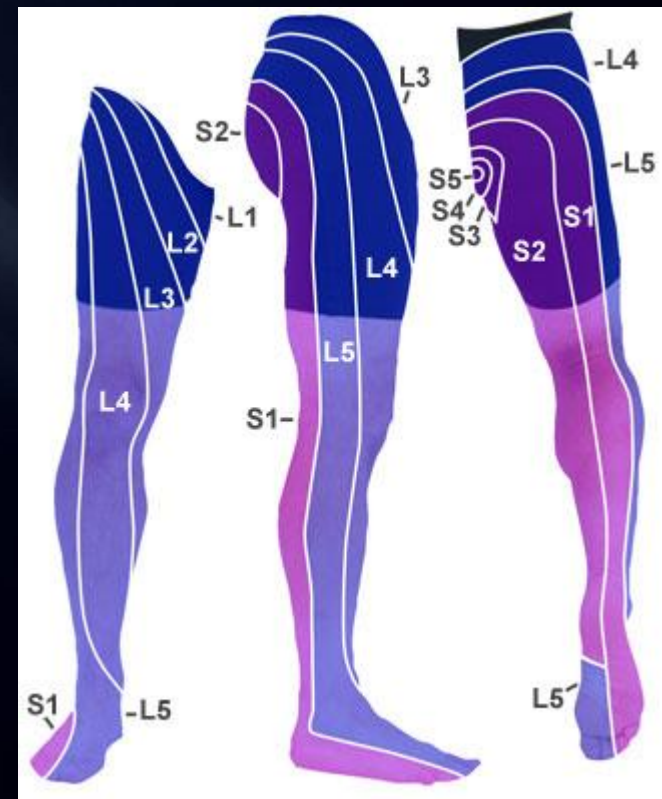
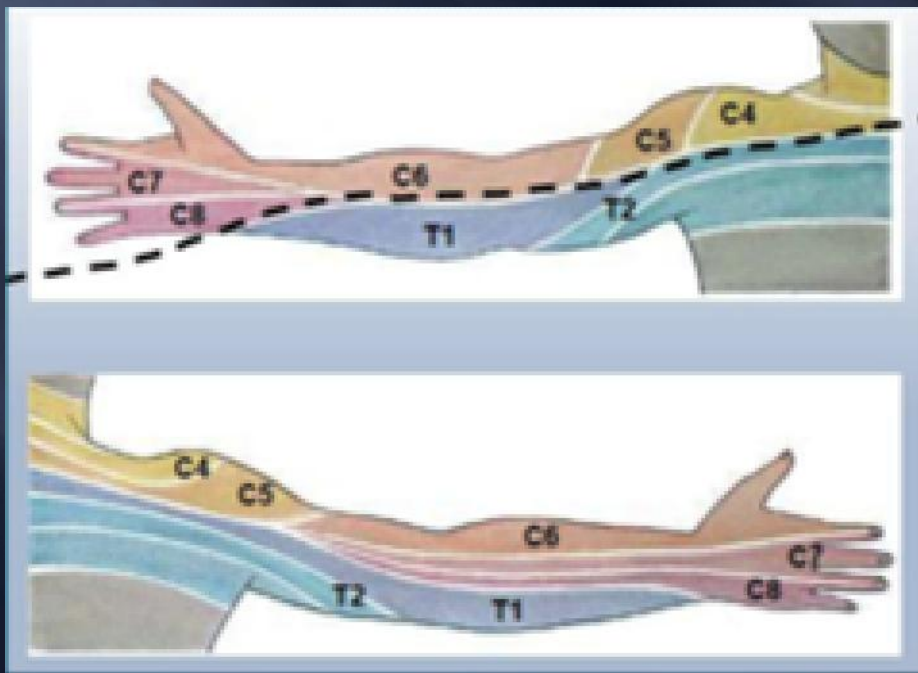


Treatment, conservative

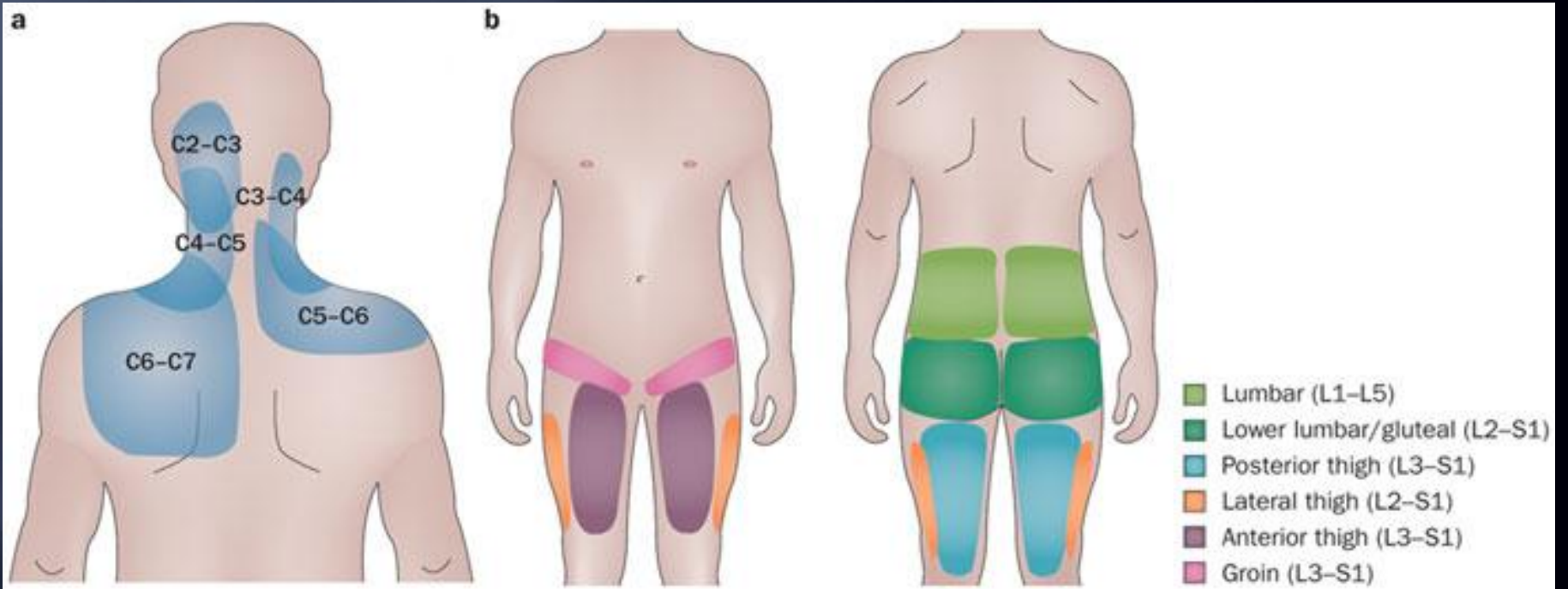
- Short bed rest 2-3 days, acute pain meds
- NSAIDS, muscle relaxants (use correctly)
- Local cold acute, local warm chronic
- Collars/supports, distraction- controversial
- Epidurals?- radicular, subacute
- LMBB?- facet arthritis (won't help muscle?)

Meatloaf: 2 outta 3 ain't bad

- When will a facet block or epidural help?
- When **HPI** matches **exam** matches **imaging**
- But 2 out of 3 is good



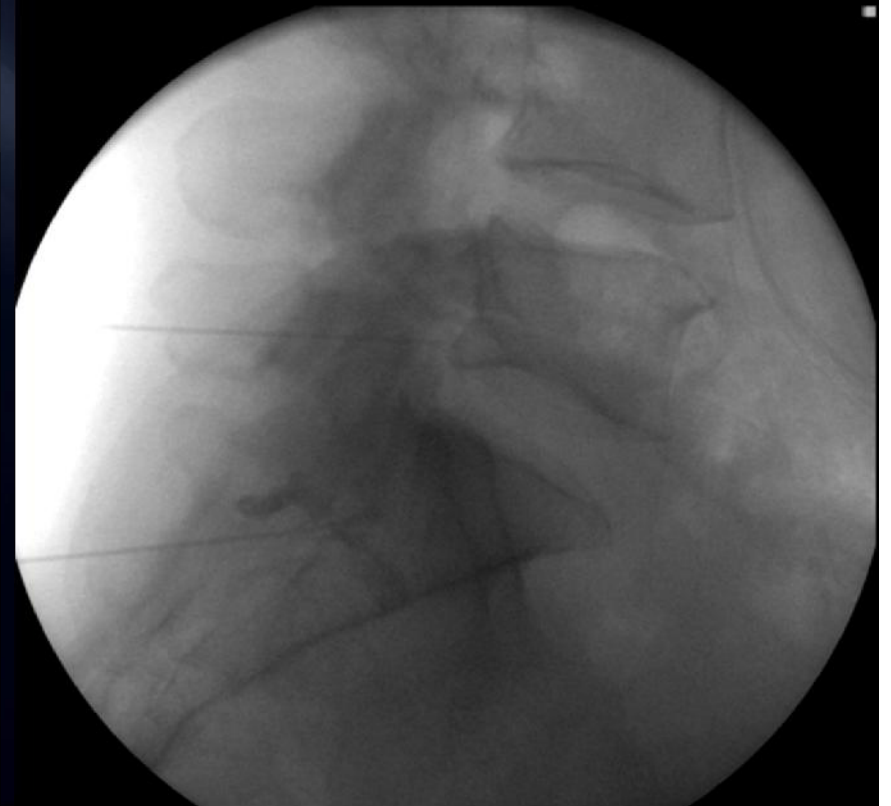
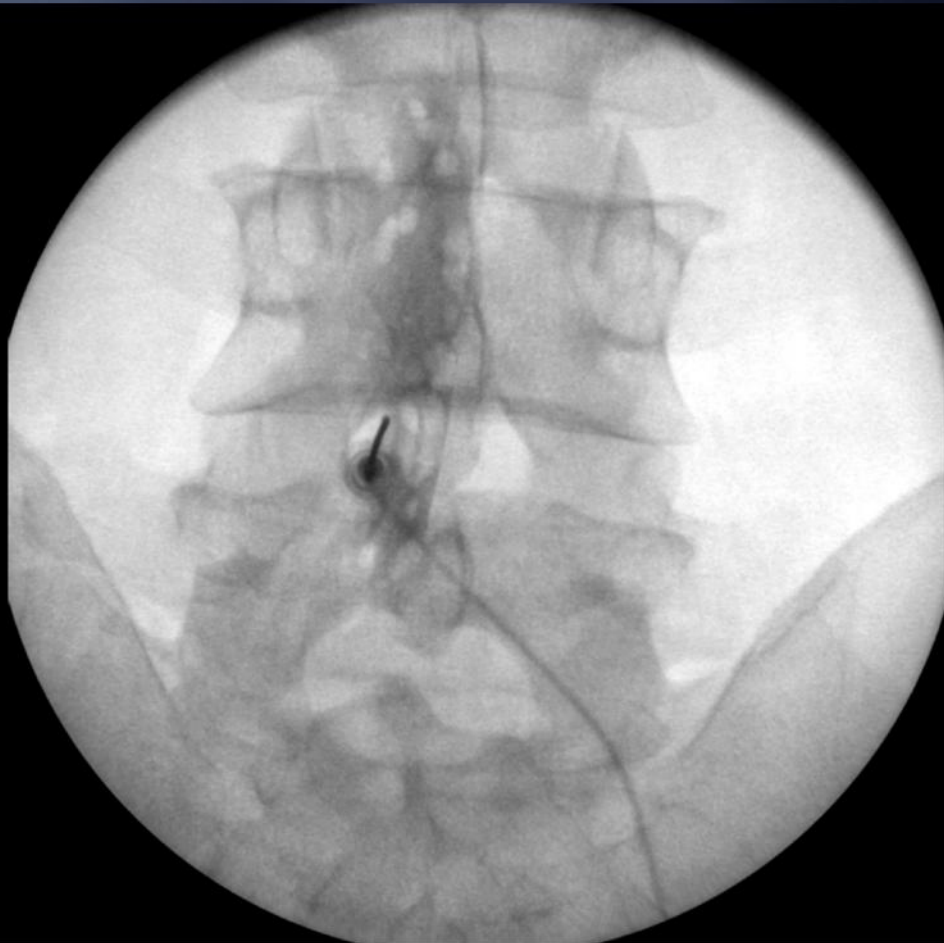
Facet pain



Lumbar: epidural steroids interlaminar, transforaminal



TAN
Stud
Study



Racz procedure (epidurolysis)



Study Date: 0
Study Time: 3:3
MRN:



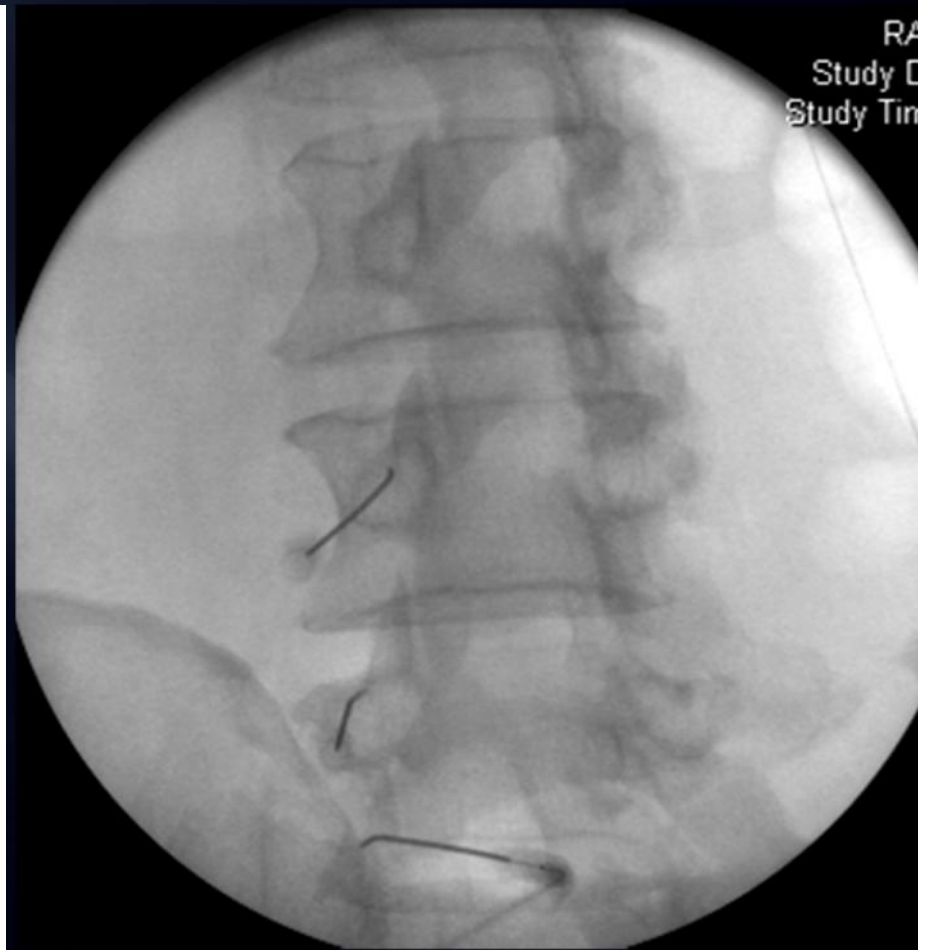
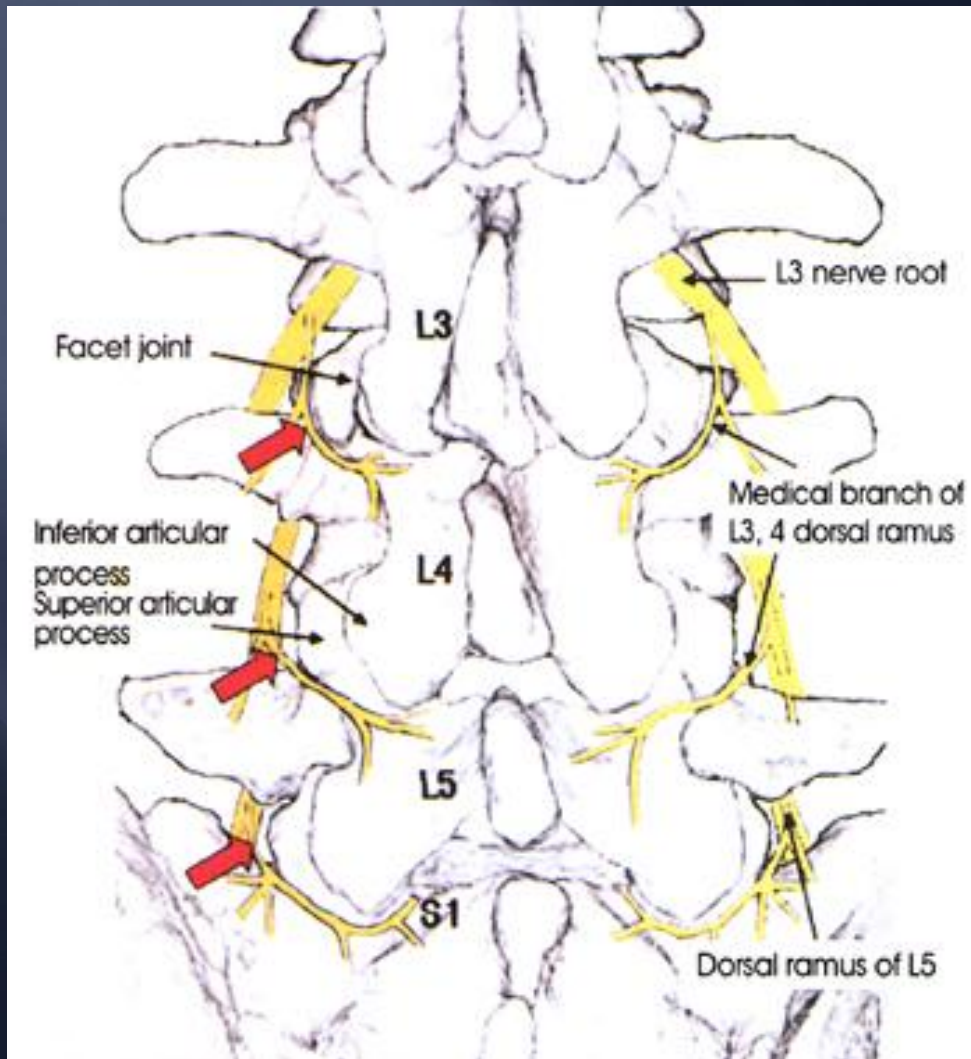
Study Date: 8
Study Time: 3:3
MRN:



Study Date: 8
Study Time: 3:3
MRN:



Lumbar medial branch block



Thank you.

- Questions?
- Michael.Perloff@bmc.org